right. and Dietetics
National Nutrition Month ${ }^{\circledR} 2021$

## Word Search

Words may be horizontal, vertical, diagonal, or backwards.

| Avocados |
| :--- |
| Beans |
| Cereal |
| Dates |
| Eggs |
| Flaxseed |
| Garlic |
| Hummus |
| Ice |
| Jackfruit |
| Kiwi |
| Lettuce |
| Milk |
| Nuts |
| Oats |
| Potatoes |
| Quinoa |
| Raisins |
| Shrimp |
| Turkey |
| Vinegar |
| Wild rice |
| Yogurt |
| Zucchini |


| A | L | M | N | D | R | S | A | V | 0 | C | A | D | 0 | S |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| T | X | V | G | P | M | N | 0 | 1 | T | L | C | V | K | T |
| N | S | N | A | E | B | R | H | N | L | I | F | H | S | M |
| R | L | G | R | J | K | Y | X | E | M | L | N | 0 | E | Q |
| L | J | Z | L | V | U | Q | Z | G | C | E | B | B | 0 | S |
| E | R | A | 1 | S | 1 | N | S | A | Y | T | L | M | T | X |
| B | C | M | C | N | P | T | D | R | L | T | Z | A | A | V |
| 1 | E | D | M | K | S | L | C | Q | S | U | 0 | N | T | M |
| C | L | J | Y | U | F | G | 1 | X | V | C | Q | L | 0 | C |
| E | T | R | M | Z | B | R | G | P | W | E | S | R | P | D |
| F | Q | M | N | C | D | K | U | M | C | L | M | Q | E | L |
| N | U | H | J | P | T | W | Z | 1 | R | T | U | A | F | Y |
| H | 1 | F | 0 | S | M | S | R | R | T | Z | L | X | 0 | O |
| L | N | 1 | E | P | Q | D | W | H | J | P | B | G | F | L |
| K | O | T | L | R | L | M | Y | S | T | B | U | Z | R | I |
| M | A | C | Z | 1 | 0 | E | L | A | E | R | E | C | R | N |
| D | 0 | 1 | W | 1 | K | C | R | Q | T | T | N | M | S | 1 |
| L | X | M | N | R | B | L | K | P | S | F | G | N | N | H |
| J | L | A | U | T | Q | S | 1 | R | P | P | L | U | M | C |
| K | B | T | R | F | C | D | P | M | E | N | N | T | I | C |
| A | 1 | D | C | G | F | A | Y | X | G | Z | R | S | L | U |
| M | 0 | Z | X | R | B | Q | D | L | G | M | N | P | R | Z |
| N | F | D | K | L | F | L | A | X | S | E | E | D | S | T |

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